# Hani M. Henry, PhD

#### PERSONAL INFORMATION

Professional Address: The American University in Cairo

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Current Position: Professor & Chair, Department of Psychology

School of Humanities and Social Sciences (HUSS)

**EDUCATION** 

Ph.D. Miami University, Ohio2006 Clinical Psychology

**Dissertation:** Loss and Mourning in Immigration: Using the Assimilation

Model to Assess Continuing Bond with Native Culture.

M.A. Miami University, Ohio 2002 Clinical Psychology

Thesis: Perceived Parental Cultural Conflict, Perceived Parental Control, and

Psychological Adjustment of Arab American College Students

B.A. Brooklyn College, The City University of New York (CUNY)

2000 Psychology

#### ACADEMIC APPOINTMENTS AND LEADERSHIP

### 07/ 2024- Present Chair, Department of Psychology

- Department offers 4 degrees at the undergraduate and graduate level.
- Department includes 11 full time and 37 adjunct faculty members.
- Represents the Department at the School Council which oversees academic issues and reviews promotion and tenure cases.
- Reviews a number of external grant proposals that eventually secured funding.
- Provides comprehensive evaluation of faculty and staff.
- Plans coursework
- Works on budget development and implementation.

### 09/2019 – 08/2023 Associate Dean, School of Humanities and Social Sciences (HUSS)

- School has ten departments and offers 37 degrees at the undergraduate and graduate levels.
- Assumed duties and responsibilities of Associate Dean for Graduate Studies and Research.
- Assumed duties and responsibilities of Associate Dean for Student Affairs and Administration.
- Processed various academic forms, student petitions, TA contracts, and graduate applications.
- Chaired HUSS Academic Affairs Committee.
- Represented School in seven different university and school committees.
- Prepared numerous faculty review reports.
- Served as an active member of the school's council, which oversees academic issues and reviews promotion and tenure cases.
- Worked closely with the International Program Office to enhance AUC's international visibility and collaboration with US universities.
- Contributed to the organization and management of school-wide events.
- Contributed to the content of school webpage and monthly newsletter.

#### 09/ 2018- 09/2019 **University Senate Committee Chair, Grievance Committee**

- Reviewed numerous grievance cases using the university grievance policy and procedure.
- Led committee members and solicited their opinions to achieve consensus on cases.
- Submitted written reports of recommendations for resolution to the University Senate Chair.
- Made recommendations to the University Senate for modifications or changes to the university grievance policy and procedure.

#### 01/2016-07/2018 Chair, Sociology, Anthropology, Psychology & Egyptology Department (SAPE)

- Department had 4 different units and offered 9 degrees at the undergraduate and graduate level.
- Led 28 full time and 32 adjunct faculty members.
- Supported Egyptology Unit in proposing and initiating the Egyptology MA Program.
- Led efforts in hiring high quality faculty members and reviewing existing ones.
- Worked with Unit Heads in proposing and implementing long term strategic plans.
- Led the department in proposing numerous catalog changes.
- Worked with faculty members in revising and improving the department's governance document.
- Represented the Department at the School Council which oversees academic issues and reviews promotion and tenure cases.
- Reviewed a large number of external grant proposals that eventually secured funding.
- Provided comprehensive evaluation of faculty and staff.
- Worked on budget development and implementation.
- Worked with IT on enhancing and upgrading the Department's webpage.
- Secured the smooth separation of Psychology Unit from the other units and its emergence into an independent department.

#### 07/2011-07/2013 Program Director, Counseling and Community MA Program, Sociology, Anthropology, Psychology & Egyptology Department (SAPE)

- Secured the Tarek Juffali Fellowship Endowment (\$1,000,000) that has supported a large number of graduate students.
- Led the Unit's efforts in introducing important curricular changes to the MA Program to meet US accreditation standards.
- Secured the accreditation of the programs by the Egyptian Supreme Council of Universities.
- Adjusted program's class sequence of classes to allow for a richer learning experience.
- Developed a number of MOUs with external training sites for our MA students, such as hospitals, NGOs, and school settings.
- Worked closely with the Unit Head in developing Psychology Training Clinic.
- Developed the program manual.
- Represented the Unit at the University Graduate Advisory committee.

#### 06/2008- 02/2010 Psychology Unit Head, Sociology, Anthropology, Psychology & Egyptology **Department (SAPE)**

- The Unit had 8 full time and 14 adjunct faculty members.
- Assumed the responsibilities of Unit Head only two years after joining as a junior faculty.
- Led the Unit's effort in proposing and launching the MA Program in International Counseling and Community Psychology.
- Led the Unit's effort in hiring high quality faculty members and reviewing existing members.
- Led the Unit in making the move to the new university campus at New Cairo.
- Provided comprehensive evaluation of faculty.
- Represented the Unit at the Department Research Board, which reviewed faculty grant proposals.
- Worked on budget development and implementation.

#### 09/2012- Present Associate Professor of Psychology, American University in Cairo (Tenure)

#### RESEARCH STATEMENT

I have developed a strong research interest in the central role of culture, broadly defined, in understanding a wide array of psychological processes experienced by members of marginalized and underprivileged populations. For example, my studies examined cultural issues related to the process of loss and mourning in immigration, refugee trauma, Egyptian women empowerment, sexism, non-western rearing practices, political marginalization, and internalized sexual stigma. More recently, I examined issues related to cultural influences on psychotherapy and the integration of spirituality and traditional healing methods into clinical work. With respect to interdisciplinary applied research, I collaborated on a project that examined entrepreneur experiences by focusing on the cultural implications of these experiences.

#### PEER REVIEWED JOURNAL ARTICLES AND BOOK CHAPTERS

- Henry, H. M., & Salaheldin, K. (2025). Culturally responsive client-centered therapy with a transgender Egyptian woman. Person-Centered & Experiential Psychotherapies, 1–11. https://doi.org/10.1080/14779757.2025.2485117
- Henry H. M., & Nasreldin, A. (2024). Integrating Schema Therapy with Kleinman's Cultural Explanatory Model: A Case Study. *Psychological Studies* 69, 105–111. https://doi.org/10.1007/s12646-023-00771-1
- Henry, H. M, Nasreldin, A., & Oriby, D. (2023). Coming out as a gay man in Egypt. A cultural perspective. Psychology & Sexuality, 15 (2), 158-169. DOI: 10.1080/19419899.2023.2241866
- Henry, H. M. (2020) Internalized sexual stigma as an internal minority stress: The Egyptian gay experience. Journal of Gay & Lesbian Mental Health, 24, 174-189.
- Henry, H. M. & Elwi, M. (2020). Egyptian rearing practices: Takafol and observance of family values. In. B. Ashdown and A. Faherty (Eds.) Parents and Caregivers across Cultures (pp. 247-257). New York, NY: Spring Nature.
- Henry, H. M. (2017), Stiles, W., & Biran, M.W. Continuing bonds with native culture: Immigrants' response to loss. In D. Klass and E. M Steffen (Eds.) Continuing Bonds in Bereavement. (pp.287-300). New York, NY: Routledge.
- Henry, H. M. (2017). Sexual harassment in Egypt: Feminist theory revisited. Sexuality and Culture, 21, 1-17
- Henry, H. M. (2015). Die-hard Mubarak supporters: A cultural perspective. Journal of Social and Political Psychology, 3, 238-252.
- Henry, H. M. (2015). Spiritual energy of Islamic prayers as a catalyst for psychotherapy. Religion and Health, *54*, 387-398.
- Saucier, G., Kenner, J., Iurino, K., Bou Malham, P.,..., Henry, H. M., ... & Çankaya, B. (2015). Cross-cultural differences in a global "survey of world views." Journal of Cross-Cultural Psychology, 46, 53-70.
- Henry, H. M. (2012). African refugees in Egypt: Trauma, loss, and cultural adjustment. Death Studies, 36, 583-604.
- Henry, H. M. & Stiles, W. B. (2012). Contextual influences on acculturation: Psychological assimilation and continuing bonds for two immigrants. In M.C Bertau, M. Goncalves and P. Raggatt (Eds.) Dialogic

- Formations. Investigations into the Origins of the Dialogical Self. (pp. 289–313). Charlotte, SC: Information Age Publishing
- Henry, H. M. (2011). Egyptian women and empowerment: A cultural perspective. Women Studies International Forum, 34, 251-259.
- Henry, H. M. (2010). Psychology in the Egyptian classrooms and young women's empowerment. Feminist Teacher, 20, 204-213.
- Henry, H. M., Hamdi, N., & Shedid, N. (2009). The cultural continuing bonds of US expatriates living in Egypt. International Journal of Intercultural Relations, 33, 1-10.
- Henry, H. M., Stiles, W.B., Biran, M.W., Glick Brinegar, M. Mosher, J.K. & Banarjee. P. (2009). Immigrants' continuing bonds with their native culture: Assimilation analysis of three interviews. Transcultural Psychiatry, 46, 257-284.
- Henry, H. M., Stiles, W.B & Biran, M.W. (2008). Perceived parental acculturation behaviors and control as predictors of subjective well being in Arab American college students. The Family Journal, 16, 28-34.
- Henry, H. M., Biran, M.W. & Stiles W.B (2006). Construction of perceived parental acculturation behavior scale. Journal of Clinical Psychology, 62, 293-297.
- Henry, H. M., Stiles, W. B. & Biran, M.W. (2005). Loss and mourning in immigration: Using the assimilation model to assess continuing bonds with the native culture, Counseling Psychology Ouarterly, 18, 109-119.
- Henry, H.M. & Biran, M.W. (2004). Perceived parental cultural conflict and the psychosocial adjustment of Arab American college students: Journal of the American Psychoanalytic Association (JAPA), 52, 466-467.

#### **CONFERENCE PRESENTATIONS**

- Henry, H. M. & Salaheldin, K. (2025). Humanistic Transgender-affirming therapy in Egypt. A Cultural Perspective. Poster presented at the 2025 Annual Meeting of the Society for study of Culture and Psychiatry. Albuquerque, New Mexico, Detroit, USA
- Henry, H. M. (2024). Providing culturally-responsive gay-affirming therapy in a gay-hostile context: A humanistic perspective. Paper presented at the 17th Annual Conference of the Society for Humanistic Psychology. Detroit, Michigan, USA
- Henry, H. M. (2022). Construing resilience as a relational and transactional process. A cultural perspective. Keynote Speech at The International Psychology Conference, Dubai: Understanding resilience in its wider context. Heriot Watt University, Dubai, UAE.
- Henry, H. M. (2022). You are wearing a mask because you are not a believer:" Religiosity, external locus of control and mask refusal. In H. Henry (Chair) Covid-19, Health, and Behavior. The 50th Annual Meeting of the Society for Cross-cultural Research, San Diego, California, USA.
- Henry, H. M. (2020). Sexual harassment in the Egyptian Street as an ongoing crisis: A cultural perspective. Keynote Speech at The Psychology of Global Crisis: State Surveillance, Solidarity, and Everyday Life. Virtual International Conference at the American University of Paris.

- Henry, H. M. & Oriby, D. (2020). Integrating schema theory with Kleinman's cultural explanatory model to understand depression in Egypt, In T. Bartolomeo (Chair) *Immigration*. Refugee Populations and Mental Health. The 49th Annual Meeting of the Society for Cross-cultural Research, Seattle, Washington, USA.
- Henry, H. M. (2019) Integrating spirituality with psychotherapy: A scientific approach." Paper presented at the Fifth Scientific Day of the Rakhawy Institute, Rakhaway Institute of Mental Health, Cairo, Egypt. May 5, 2019.
- Henry, H. M. & Elwi, M. (2019). Egyptian rearing practices: Takafol and observance of Family Values. In P. Chavajay (Chair) Rituals, Customs, Traditions, Practices - Part One. The 48th Annual Meeting of the Society for Cross-cultural Research, Jacksonville, Florida, USA.
- Henry, H. M. (2018). Coming out as gay in Egypt: A cultural perspective. In S. Volsche (Chair). Gender Roles, Romance and Sexual Identity. The 47<sup>6h</sup> Annual Meeting of the Society for Cross-cultural Research, Las Vegas, Nevada, USA.
- Henry, H. M. (2017). Traditional healing in Egypt: Curative factors and potential benefits. In T. Bartholomew (Chair), Traditional Practices for Healing. The 46<sup>6h</sup> Annual Meeting of the Society for Cross-cultural Research, New Orleans, Louisiana, USA.
- Henry, H. M. (2016). Psychological roots of the current North African crisis: The Egyptian case. In K. Shakrawy (Chair), Major Crises in North Africa: Causes, Forms, and Characteristics. Symposium on the Mediterranean and North African Crisis, Rabat, Morocco.
- Henry, H. M. (2016). Psychological solutions for the current North African crisis: The Egyptian Case. In F. Alfaysal (Chair), Solutions and Answers for the Problems of Political and Democratic Transitions in North Africa. Symposium on the Mediterranean and North African Crisis Rabat, Morocco.
- Henry, H. M. (2016). Post-revolutionary blues and complicated grief: The outcome of the Egyptian Revolution. In K. Myshall (Chair), Colonialism and Political Destabilization. The 45th Annual Meeting of the Society for Cross-cultural Research, Portland, Oregon, USA.
- Henry, H. M. (2015). Internalized homophobia and its psychological consequences: The Egyptian Gay Experience. In G. Parameswaran (Chair), Sexuality in Cross-cultural Research. The 44th Annual Meeting of the Society for Cross-cultural Research, Albuquerque, New Mexico, USA.
- Henry H. M. (2014). Forced migrants and difficult life circumstances: How can Psychology help? In E. M. Rezrazi (Moderator) The Need for Humane Interventions in Urgent Situations. Theme: Human Rights and Psychology. Second World Forum on Human Rights, Marrakesh, Morocco.
- Henry, H. M. (2014). Sexual harassment in the Egyptian streets: A qualitative study. Paper presented at The 43rd Annual Meeting of the Society for Cross-cultural Research, Charleston, South Carolina, USA.
- Henry, H. M. (2012). Arab families: Ethical concepts and values. Invited lecture at the University of Klagenfurt, Klagenfurt, Austria.
- Henry, H. M (2012). The empathic response of Mubarak supporters towards their leader: A cultural perspective. In J. Bao (Chair), Empathy & Spirituality: Selected Papers. The 41st Annual Meeting of the Society for Cross-cultural Research, Las Vegas, Nevada, USA.

- Henry, H. M. (2011). Culture-linked symptoms and disorders: How can they be better classified and incorporated in field studies? The First Regional Conference of the Arab Center for Research and Training on Mental Health. Beirut, Lebanon.
- Henry, H. M. (2011). Integrating spirituality into psychotherapy: The Egyptian perspective. In B. Ashdown (Chair), Spirituality, Religion, and Morality. The 40<sup>th</sup> Annual Meeting of the Society for Cross-cultural Research, Charleston, South Carolina, USA.
- Henry, H. M. (2010). The meaning of empowerment as perceived by Egyptian women. In M.A. Tahir (Chair) Gender and Identities. The 39th Annual Meeting of the Society for Cross-cultural Research, Albuquerque, New Mexico., USA.
- Charles, L..; Henry, H. M., Amer, M., Justus, A.; Simons-Rudolph, J.; Abuhamdeh, S.; & Settlage, B. (2010) You will not poke fun at the man who is between the hands of God": Development of an international, cultural, and community family therapy training program in Cairo, Egypt. Poster presented at the XVIII World IFTA (International Family Therapy Association) Congress, Buenos Aeres, Argentina.
- Amer, M. M., Charles, L., Henry, H.M. Justus, A., Abuhamdeh, S., & Simons-Rudolph, J. (2010). New Directions for Family practitioner training in the Middle East. Poster presented at the American Psychological Association, APA 118th Annual convention, San Diego, California, USA.
- Henry, H. M., Munz, R., & Shaheen, D. (2009). Examining the continuing bonds of African refugees in Egypt. In H. Henry (Chair) Migration I. The 38th Annual Meeting of the Society for Cross-cultural Research, Las Vegas, NV, USA.
- Amer, M.M. & Henry, H.M. (2009). Transcending the micro- and macro- levels in community approaches to psychology in the Middle East. In J. Simons-Rudolph (Chair), *The Promise of Community Psychology*: Perspectives from Cairo, Egypt. Symposium presented at the biennial conference of the APA Division 27 Society for Community Research and Action, Montclair, New Jersey.
- Henry, H.M. (2009). The loss and mourning of the old AUC campus. AUC before Community Conference, The American University in Cairo, New Cairo, Egypt.
- Henry, H. M., Hamdi, N. & Shedid, G. (2008). Reverse immigration and the process of loss and mourning of US expatriates. In T. Hedges- Duroy (Chair), Cultural Change, Revival and Continuity. The 37th Annual Meeting of the Society for Cross-cultural Research, New Orleans, Louisiana USA.
- Henry, H. M. (2007). Psychology in the Egyptian classroom and young women's empowerment. Paper presented at the International Conference for the Teaching of Psychology, Vancouver, Canada.
- Henry, H.M. & Biran, M.W. (2005). Psychoanalytic perspective on immigration, loss and mourning. In M. Seligman (Moderator), On Building a Psychoanalytic Home: How the Experience of Immigration and 'Otherness' Is Made Use of in the Therapeutic Relationship. Panel presented at the association for the psychoanalysis of culture and society conference, New Jersey, 2005.
- Henry, H.M., Stiles, W.B., Biran, M.W., Mosher J.K., Banarjee, P., & Glick, M.J. (2005). The influence of immigrant's context and worldview in the assimilation and mourning of lost native culture. In M.J. Click (Moderator), Assimilation across contexts: Making sense of sexual abuse, immigration and psychotherapy. Panel presented at the Ohio Society for Psychotherapy Research meeting, Toledo, Ohio.
- Henry, H. M. & Knudson R. M. (2004). Multiculturalism, Inclusion, and Cultural Sensitivity Training: Goals for the Clinical Psychology Program. Paper presented at the 2004 Dr. Cheryl Burgan Evans' Graduate Conference on Multicultural Research.

- Henry, H.M., Stiles W. B. & Biran, M.W. (2004). Integrating the Continuing Bond of Mourning with the Assimilation Model to Address Immigration-Associated Losses. In M. J. Glick (Moderator), Case study research on the assimilation model: Part I. Panel presented at the Ohio Society for Psychotherapy Research meeting, Athens, Ohio.
- Henry, H. M., Stiles W.B. & Biran, M. W. (2004). Using the Assimilation Model to Elaborate the Continuing Bond Model of Mourning in Non-western Immigrants. In W. B. Stiles (Moderator), Case studies in the context of verification: not just exploratory any more. Panel presented at the Society for Psychotherapy Research Meeting, Rome, Italy.
- Henry, H. M., & Biran M.W. (2003): Perceived Parental Cultural Conflict, Perceived Parental Control and Subjective well-being of Arab American College Students. Poster presented for the American Psychoanalytic Association Scientific Poster Session.
- Biran, M.W., & Henry, H.M. (2002): Constructing a measure for perceived parental cultural conflict of Arab American college students. Paper presented at the third World Congress for psychotherapy, Vienna, Austria.

# **GRANTS & STIPENDS**

- □ Invited to present a keynote speech at the International Psychology Conference Dubai (ICPD). Support provided by the Heriot Watt, UK University, October 2022.
- □ Co-investigator. 'Examining the Entrepreneurial Journey in Accelerators'. Provost Award, Boundary Crossing and Community Integrative Research Initiative (BCCI), The American University in Cairo, \$37,900, March 2016- December 2019.
- ☐ Invited to present two research papers at the Symposium on the Mediterranean and North Africa Crisis in Rabat, Morocco. Stipend provided by Friedrich Ebert Stiftung (FES) Foundation, November 2016.
- ☐ Invited to present a paper at the Second World Forum on Human Rights, Marrakesh, Morocco. Stipend provided by the Moroccan Government, November 2014.
- ☐ Invited to provide a lecture on ethical values of Arab families. Stipend provided by The University of Klagenfurt, Austria, July 2012.
- Selected to represent Egypt at the First Regional Conference of the Arab Center for Research and Training in Mental Health. Stipend provided by the World Health Organization, WHO, June 2011.
- Nominated in 2011 and 2015 for Excellence in Research and Creative Endeavors Award. American University in Cairo.
- □ Numerous faculty- support conference grants to present scholarly work at international conferences, such as the Annual Meeting for the Society of Cross-cultural Research, SCCR (2008-2020) and the International Conference for the Teaching of Psychology, The American University in Cairo.

### TEACHING EXPERIENCE 09/2006- Present

Undergraduate Courses (9 courses)

Introduction to Psychology (Introductory level)

- Lifespan Development (Intermediate level)
- Psychology across Cultures (Intermediate level- *Miami University*)
- Psychology of Dreams (Intermediate level)
- Psychology of Dreams (Advanced levels)
- History and Systems of Psychology (Advanced level)
- Cultural Psychology (Advanced level)
- Child Psychology (Advanced level)
- Clinical Psychology Capstone (Advanced level)

#### Graduate Courses (7 courses)

- Fundamentals of Counseling
- Psychopathology and Resilience Across Cultures
- Theories of Counseling and Psychotherapy
- Psychosocial Issues of Refugees
- Practicum I in Family and Couple Counseling
- Practicum I in Counseling Psychology
- Practicum II in Counseling Psychology
- Teaching duties included selecting effective readings, facilitating group activities/discussions and experiential exercises, engaging in blended learning, developing effective evaluation methods, incorporating latest trends in teaching practices, and integrating popular media into lectures.
- Academic duties included advising students, supervising independent studies and theses, serving as minor advisor, and developing new courses.
- Areas of teaching specialization: cultural and critical psychology & culturally-competent clinical psychotherapy.
- Published a pedagogical paper on teaching gender issues in Egyptian classrooms.
- ☐ Invited graduate students to co-author scholarly work, such as journal articles, book chapters, conference presentations.

#### CURRICULUM DEVELOPMENT

- □ Led HUSS Academic Affairs Committee in processing and approving a large number of curriculum changes and new programs from 9 different departments.
- □ Co-chaired the Psychology Unit Steering Committee, which successfully proposed and launched the International Counseling and Community Psychology Program.
- □ Led the process of drafting the Psychology MA Program's curriculum, academic calendar, learning objectives, and mission statement.
- Developed new graduate courses, such as Fundamentals of Counseling, Psychopathology and Resilience across Cultures, Advanced Lifespan Development, Practicum I in Family and Couple Counseling, Internship in Family Counseling.
- Proposed changes in the description and pedagogical nature of Clinical Psychology course and converted it into an advanced capstone course.
- Developed and taught a "special topics" course on the Psychology of Dreams.
- □ Provided consultation to the Psychology faculty committee, which recently proposed a course on the processes of inclusion and exclusion in Egypt.

# ACADEMIC MEMBERSHIP

☐ The American Psychological Association (APA).

# UNIVERSITY SERVICE (Select)

- Current member of the Council of the School of Humanities and Social Sciences
- □ Current member of the Graduate Advisory Committee, Psychology Department
- □ Current Member of Dean's review
- ☐ Former chair of the Academic Affairs Committee (School of Humanities and Social Sciences)
- ☐ Former member of the University Research Board (URB)
- □ Former member of the Fall 2020 Admission Taskforce in response to COVID 19 crisis
- □ Former member of the Political Science Program Review Committee
- □ Former member of the Arab and Islamic Civilization Program Review Committee
- ☐ Former member of the University AUC Exchange/Study-abroad Committee
- ☐ Former member of Psychology Department Review Board (DRB)
- □ Former member of the University Senate (2017-2019)
- □ Former member of the University Senate Executive Committee (2018-2019)
- □ Former member of the University Taskforce on Conduct Guidelines for Faculty (2014-2015)
- □ Former member of the Psychology Department's faculty benchmark committee (2018-2019)
- □ Former member of the University Graduate Affairs Committee (GAC) (2011-2012)
- □ Former member of Psychology Department Chair Review Committee (2019)
- □ Former Psychology Minor Advisor (2018-2019)

#### **FACULTY REVIEW**

- Chaired and participated in numerous faculty promotion and tenure committees (Departmental and
- ☐ Chaired and participated in numerous faculty renewal/review committees
- Participated in the Psychology Department Chair review committee

#### **GRANT REVIEWS**

- Reviewed numerous university-wide grant proposals as a member of University Research Board
- Reviewed departmental grants proposals as a member of Psychology Department Review Board (2008-2020).
- Reviewed a number of external grant proposals by International Organizations and Universities
- Reviewed a number of external grant proposals as Chair of SAPE Department

# JOURNAL PEER REVIEW

- □ Journal of Social and Political Psychology (Member of the Editorial Board)
- □ Violence against Women
- Death Studies Journal
- ☐ International Journal of Intercultural Relations
- □ Journal of Immigrant and Minority Health
- □ European Journal of Psychotherapy
- ☐ Mental Health, Religion & Culture
- ☐ International Journal of Qualitative Studies on Health and Wellbeing
- □ Journal of Spirituality and Mental Health
- □ Sex Role

#### CLINICAL EXPERIENCE

#### 10/2006- Present Clinical Psychologist, Private Practice, Behman Psychiatric Consultation

□ Provide individual, family, and couple therapy to Egyptian and expatriate clients.

#### 11/2017- 2020: Consultant Psychologist, International Institute of Education (IIE)

□ Provide workshops and lectures on stress management and psychological well-being to students and staff

# 11/2009- 12/2019 Consultant Psychologist, Egyptian Diplomatic Institute.

 Provided workshops and lectures on stress management on psychological well-being to new diplomats

# 11/2010- 12/2018 Clinical Supervisor, MA Counseling Psychology Program (American University in Cairo)

□ Provided individual and group supervision to MA Counseling Psychology Students who offered counseling to university students and members of the broader community.

# 10/2006- 01/2008 Clinical Supervisor, AMERA (African and Middle East Refugee Assistance)

□ Provided individual and group supervision to counselors who offered psychosocial interventions to refugees.

### MEDIA OUTLETS THAT COVERED PAST RESEARCH

- BBC Arabic (interviewed about replacing real romantic relationships with AI)
- ☐ Huffington Post, UK (covered study of sexual harassment in Egypt)
- □ Public Radio International (PRI), USA (covered study of sexual harassment in Egypt)
- ☐ Frankfurter Rundschau, Germany (covered study of sexual harassment in Egypt)
- ☐ Abc nyhter, Norway (covered study of sexual harassment in Egypt)
- □ Women Across Frontiers, USA (covered study of sexual harassment in Egypt)
- □ Al-Ahram, Egypt (covered study of integrating Islamic prayers into psychotherapy)
- □ El Watan News, Egypt (covered study of integrating Islamic prayers into psychotherapy)

#### THESIS PROJECTS

- Chaired or participated in a number of MA thesis committees at the American University in Cairo
- ☐ Served as a reader or consultant in a number of MA theses and a doctorate at Ain Shams and Cairo Universities.

#### PROFESSIONAL DEVELOPMENT

- Center for Learning and Teaching (CLT) Certificate on preparing for online courses, 2020
- □ Southeastern teaching of psychology conference (SETOP), Atlanta, 2020
- □ Workshop for Department and Division Chairs. The Council of Independent Colleges. Portland, Maine, 2016
- Department Chairs Workshop, American University in Cairo, 2017
- □ Numerous webinars offered by the American Psychological Association (2012-2019)
- □ Selected workshops offered by the Center for Learning and Teaching (CLT)
- □ Continuing Education (CE) credits offered by the Society for Cross-cultural Research (2008-2019)
- □ Regularly attended the Annual Meetings of the Society for Cross Cultural Research (2007-2020)
- ☐ Attended conferences on teaching of psychology in Vancouver and Atlanta.

# PROFESSIONAL PRESENTATIONS (Select)

Henry H.M. (2020) Coping with COVID-19: Understanding and Managing Mental Well-being during Crisis. Methanex workshop

Henry, H. M. (2020) Maintaining mental well-being during the COVID 19 pandemic crisis. Virtual roundtable discussion with representatives of major Egyptian media outlets.

Henry, H. M. (2019). Anxiety management, International Institute of Education.

- Henry, H. M. (2019). Developing critical and analytic skills, Egyptian Diplomatic Institute.
- Henry, H, M. (2018). Stress management, International Institute of Education
- Henry, H. M. (2017). Self-care and time management Skills, International Institute of Education
- Henry, H.M. (2014). Developing interpersonal skills. Egyptian Diplomatic Institute.
- Henry H. M. (2013). Developing personal mastery and control. Egyptian Diplomatic Institute.
- Henry, H. M. (2010). The psychology of dreams. Educational nights, AUC dorms.
- Henry, H. M. (2010). The challenges of acculturation. Egyptian Diplomatic Institute.
- Henry, H. M. (2010). Anxiety management. Egyptian Diplomatic Institute.
- Henry H. M. (2009). The relationship between continuing bonds with native culture and cultural adjustment of refugees. CMRS Spring 2009 Seminar Series, The American University in Cairo, Egypt.
- Henry, H. M. (2008). Gender issues in the US. AY 2008-2009 Community College Initiative- Pre-Departure Orientation. Fulbright Commission in Egypt.
- Henry, H. M. (2008) Discussion of the movie "Crash." AY 2008-2009 Community College Initiative- Pre-Departure Orientation. Fulbright Commission in Egypt.
- Henry, H. M. (2007). The three elements of love. Psychology Club, The American University in Cairo

# **VOLUNTEER AND COMMUNITY ACTIVITIES**

- Provided free psycho-educational materials to some public schools and universities.
- □ Served on the advisory committee of AMERA (Africa and Middle East Refugee Assistance Association).
- □ Provided pro-bono supervision of clinical trainee providing psychosocial interventions to marginalized and underprivileged populations.
- □ Provided free psychosocial training to volunteers working for the CHERY Association that serves orphans in Egypt.

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